1-page TICU tips David T. Huang, MD, MPH May 2018

Neuro

- 1. Hepatic encephalopathy is like ileus something caused it!
- 2. Cirrhotics get NMS too
- 3. Golytely a good hepatic enceph tool

Cardiovascular

- 1. Know "usual" blood pressure
- 2. Investigate "normal" CI
- 3. Watch for the crump even w/ minor stress
- 4. Love, fear, + respect lactate!

Pulm

- 1. OK to tap belly/chest w mild-mod coagulopathy
- 2. Check more ABGs when Bili > 20
- 3. Drain ascites/hydrothoraces slowly, then speed up

GIB

- 1. Intubate suspected variceal bleeding pre-EGD
- 2. Transfuse to ~8
- 3. Tell GI + IR to talk directly to each other, while you stabilize pt
- 4. Hey GI, what's rebleed plan?
- 5. Balloon tamponade? remember 50/50! (50 cm in, 50 cc air take Xray!)

Renal

- 1. Cirrhotics get drug/sepsis/etc-induced AKI too
- 2. Carefully err on side of more volume
- 3. Dialysis may not be a good idea...

Infection

- 1. Infection likely worsens liver function, and portal HTN, per se
- 2. TICU handshake = ascites tap
- 3. Treat ~ as if transplant pt!
- 4. Intubation a 2-step procedure (Tube, then lung specimen)